

**Morning Announcements**  
**Tuesday, October 7, 2014**

1. Congratulations to Nick Eisner. He was first on his team and 8<sup>th</sup> overall at the Medford meet last night with a time of 18:29 and an average mile of 5:57. Great job Nick!
2. RLHS will be hosting a Blood Drive on October 29<sup>th</sup> from 1:00-3:30 p.m. There is a sign-up sheet on the office counter if you are interested in giving blood. 16 year olds need to have a permission slip signed by a parent in order to give blood.
3. Callbacks will be held afterschool today in Ms. Christensen's room. Anyone who cannot make it should see Ms. Christensen today.
4. There will be a Student Council meeting in Ms. Christensen's room during Enrichment Study Hall today. Please report to your Enrichment Study Hall for attendance and then to Ms. Christensen's room for the meeting.
5. Happy Birthday to Jerry Reinhardt today!

**LUNCH**

Burrito

Refried Beans

Black Bean Salad

The Garden Spot

Applesauce

Peaches

Dinner Roll